

## SPSO decision report

**Case:** 201405725, Grampian NHS Board  
**Sector:** health  
**Subject:** clinical treatment / diagnosis  
**Outcome:** not upheld, no recommendations

### Summary

Mrs C complained about the care her son (Mr A) received from Cornhill Hospital in 2014. Mrs C was unhappy that Mr A's anti-psychotic medication was reduced and that his short-term detention under mental health legislation was revoked.

We took independent advice on this case from two mental health specialists. We found that it was reasonable for the medication to be reduced given that Mr A had not shown signs of psychosis or mood disturbances during his hospital admission. We also found that the decision to revoke the short-term detention was appropriate and in accordance with mental health legislation which sets out that at all times the least restrictive option is consistent with best practice.