

## SPSO decision report



**Case:** 202201027, A Medical Practice in the Grampian NHS Board area  
**Sector:** Health  
**Subject:** Clinical treatment / diagnosis  
**Decision:** not upheld, no recommendations

### Summary

C complained about how the practice had managed their lithium prescription (a medication used to treat mood disorders).

We took independent advice from a GP. We found that the practice acted reasonably in requesting that C arrange blood tests every three months to monitor their medication levels. We were also satisfied that the practice had provided reasonable advice about how to ensure C did not run out of medication.

We did not uphold C's complaint.